

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Pacific County

| | |
|---|----------------|
| What is your age? | n = 228 |
| 18 - 34 | 21.5% (± 7.4%) |
| 35 - 54 | 31.1 (± 7.0) |
| 55 - 74 | 31.9 (± 6.6) |
| 75+ | 15.5 (± 6.0) |
| Gender | n = 228 |
| Male | 53.0% (± 7.7%) |
| Female | 47.0 (± 7.7) |
| Which one of these groups would you say best represents your race... | n = 224 |
| White | 88.5% (± 5.7%) |
| Black or African American | 0.0 (± 0.0) |
| Asian | 1.1 (± 1.7) |
| Native Hawaiian or Other Pacific Islander | 0.0 (± 0.0) |
| American Indian, Alaska Native | 2.6 (± 2.3) |
| Other race | 7.8 (± 5.2) |
| No preferred race | 0.0 (± 0.0) |
| Are you Hispanic or Latino/Latina? | n = 228 |
| Yes | 8.0% (± 5.0%) |
| No | 92.0 (± 5.0) |
| Marital status | n = 228 |
| Married | 69.2% (± 6.5%) |
| Divorced | 10.8 (± 3.8) |
| Widowed | 10.7 (± 3.6) |
| Separated | 0.5 (± 0.7) |
| Never been married | 7.4 (± 4.1) |
| Or a member of an unmarried couple | 1.4 (± 1.5) |
| How many children less than 18 years of age live in your household? | n = 228 |
| None | 69.8% (± 7.1%) |
| 1 | 9.3 (± 4.8) |
| 2 | 11.9 (± 4.8) |
| 3 or more | 8.9 (± 4.6) |
| What is the highest grade or year of school you completed? | n = 228 |
| Some high school or less | 17.9% (± 6.2%) |
| High school graduate or GED | 32.2 (± 7.5) |
| Some college or technical school | 33.4 (± 7.3) |
| College graduate or more | 16.6 (± 5.1) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|-------------------------------|---------|----------|
| Are you currently. . . | n = 226 | |
| Employed for wages | 32.8% | (± 7.2%) |
| Self-employed | 13.2 | (± 6.3) |
| Out of work | 9.8 | (± 4.6) |
| Homemaker | 7.1 | (± 4.0) |
| Student | 1.9 | (± 2.0) |
| Retired | 31.8 | (± 7.1) |
| Or unable to work | 3.4 | (± 2.3) |

| | | |
|---|---------|----------|
| Annual household income from all sources | n = 198 | |
| Less than \$20,000 | 24.3% | (± 7.3%) |
| \$20,000 to less than \$50,000 | 57.1 | (± 8.5) |
| \$50,000 or more | 18.6 | (± 7.2) |

| | | |
|---|---------|----------|
| Have you smoked at least 100 cigarettes in your entire life? | n = 264 | |
| Yes | 55.4% | (± 7.2%) |
| No | 44.6 | (± 7.2) |

| | | |
|--|---------|----------|
| <i>Among those that have smoked at least 100 cigarettes in their entire life:</i> | | |
| Do you now smoke cigarettes everyday, some days, or not at all? | n = 146 | |
| Everyday | 39.0% | (± 9.1%) |
| Some days | 9.2 | (± 6.4) |
| Not at all | 51.8 | (± 9.4) |

| | | |
|---|--------|-----------|
| <i>Among current smokers:</i> | | |
| During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking? | n = 68 | |
| Yes | 51.3% | (± 14.0%) |
| No | 48.7 | (± 14.0) |

| | | |
|--|---------|----------|
| Current cigarette smoking prevalence: | n = 264 | |
| (every day or some day smokers among the whole population) | 26.7% | (± 6.3%) |

| | | |
|---|---------|-----------|
| <i>Among those that have smoked at least 100 cigarettes:</i> | | |
| Did you smoke any cigarettes during the past 30 days? | n = 123 | |
| Yes | 49.4% | (± 10.5%) |
| No | 50.6 | (± 10.5) |

| | | |
|---|--------|-----------|
| <i>Among those that have smoked in the past 30 days:</i> | | |
| On how many days of the past 30 days did you smoke cigarettes? | n = 60 | |
| Less than 30 days | 16.8% | (± 11.5%) |
| 30 days | 83.2 | (± 11.5) |

| | | |
|---|--------|---------|
| <i>Among those that have smoked in the past 30 days:</i> | | |
| On average, about how many cigarettes per day do you smoke, on the days that you do smoke? | n = 59 | |
| Average: | 16.2 | (± 2.9) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|--|---------|----------|
| Have you ever tried using smokeless tobacco, like chew, dip or snuff? | n = 227 | |
| Yes | 26.5% | (± 7.5%) |
| No | 73.5 | (± 7.5) |

Among those that have ever tried smokeless tobacco:

| | | |
|--|--------|---|
| On how many of the past 30 days did you use smokeless tobacco products? | n = 48 | |
| None | * | * |
| Less than 30 days | * | * |
| 30 days | * | * |

| | | |
|--|---------|----------|
| Current smokeless tobacco prevalence: | n = 227 | |
| (any use in past 30 days among the whole population) | 10.6% | (± 6.5%) |

| | | |
|--|---------|----------|
| Do you currently smoke tobacco in a pipe? | n = 227 | |
| Yes | 0.3% | (± 0.5%) |
| No | 99.7 | (± 0.5) |

| | | |
|--|---------|----------|
| In the past month, have you smoked a cigar, even just a puff? | n = 227 | |
| Yes | 4.0% | (± 2.8%) |
| No | 96.0 | (± 2.8) |

| | | |
|--|---------|----------|
| In the past month, have you smoked bidis? | n = 227 | |
| Yes | 0.3% | (± 0.6%) |
| No | 99.7 | (± 0.6) |

| | | |
|---|---------|----------|
| In the past month, have you smoked clove cigarettes? | n = 227 | |
| Yes | 1.7% | (± 2.0%) |
| No | 98.3 | (± 2.0) |

| | | |
|---|---------|----------|
| Current tobacco use (all types of tobacco) | n = 227 | |
| Current daily tobacco user | 37.0% | (± 7.8%) |
| Current non-tobacco user | 63.0 | (± 7.8) |

Among former smokers:

| | | |
|---|--------|----------|
| About how long has it been since you last smoked cigarettes regularly, that is, daily? | n = 63 | |
| Within the past month (less than 1 month ago) | 0.6% | (± 1.1%) |
| Within the past 3 months (1-3 months ago) | 0.0 | (± 0.0) |
| Within the past 6 months (3-6 months ago) | 0.6 | (± 1.1) |
| Within the past year (6-12 months ago) | 0.0 | (± 0.0) |
| Within the past 5 years (1-5 years ago) | 16.9 | (± 16.2) |
| Within the past 15 years (5-15 years ago) | 25.2 | (± 11.7) |
| More than 15 years ago | 55.4 | (± 16.0) |
| Never used regularly | 1.4 | (± 2.1) |

* Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 59

Average: 23.3 (± 3.9)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 72

Yes 34.9% (± 14.5%)
No 65.1 (± 14.5)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 72

Yes 3.6% (± 4.2%)
No 96.4 (± 4.2)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 72

Yes 25.6% (± 12.3%)
No 74.4 (± 12.3)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 122

Strongly agree 44.4% (± 10.7%)
Somewhat agree 15.8 (± 8.1)
Somewhat disagree 10.0 (± 5.3)
Or strongly disagree 29.8 (± 10.1)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 127

Within the past year (1-12 months) 39.1% (± 10.3%)
Within the past three years (1-3 years) 2.5 (± 3.3)
3 or more years ago 21.8 (± 8.3)
They never advised me to quit 36.5 (± 10.1)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 126

Within the past year (1-12 months) 26.8% (± 10.1%)
Within the past three years (1-3 years) 5.0 (± 4.2)
3 or more years ago 22.5 (± 8.9)
They never advised me to quit 45.7 (± 10.5)

* Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

| | | |
|---|---------|----------|
| When was the last time a DENTIST advised you to quit, if ever? | n = 128 | |
| Within the past year (1-12 months) | 9.5% | (± 8.6%) |
| Within the past three years (1-3 years) | 0.9 | (± 1.7) |
| 3 or more years ago | 5.1 | (± 4.2) |
| They never advised me to quit | 84.5 | (± 9.2) |

Among those advised to quit:

| | | |
|---|--------|-----------|
| Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use? | n = 64 | |
| Yes | 28.5% | (± 12.9%) |
| No | 71.5 | (± 12.9) |

Among current/former tobacco users:

| | | |
|--|---------|----------|
| How many times in your life have you seriously tried to quit using tobacco? | n = 112 | |
| 0 | 11.6% | (± 8.0%) |
| 1-2 | 39.6 | (± 11.0) |
| 3-5 | 36.8 | (± 11.3) |
| 6 or more | 12.1 | (± 6.1) |

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 221

| | | |
|---|-------|----------|
| Within the past year (1-12 months ago) | 77.3% | (± 6.4%) |
| Within the past two years (1-2 years ago) | 11.4 | (± 4.4) |
| Within the past 3 years (2-3 years ago) | 3.1 | (± 2.5) |
| Within the past 5 years (3-5 years ago) | 1.8 | (± 1.8) |
| 5 or more years ago | 5.1 | (± 3.7) |
| Never | 1.3 | (± 2.3) |

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 186

| | | |
|---|-------|----------|
| Your employer | 25.8% | (± 6.9%) |
| Someone else's employer | 13.5 | (± 7.0) |
| A plan that you or someone buys on your own | 16.6 | (± 6.7) |
| Medicare | 29.9 | (± 7.9) |
| Medicaid or Medical Assistance | 7.0 | (± 4.3) |
| The military, CHAMPUS, or the VA | 7.2 | (± 4.1) |
| The Indian Health Service | 0.0 | (± 0.0) |
| Some other source | 0.0 | (± 0.0) |

Among current and recent former smokers:

| | | |
|--|--------|-----------|
| Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services? | n = 58 | |
| Yes | 38.8% | (± 13.6%) |
| No | 61.2 | (± 13.6) |

* Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 59

| | | |
|-----|------|----------|
| Yes | 5.8% | (± 5.9%) |
| No | 94.2 | (± 5.9) |

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 42

| | | |
|---------------------|---|---|
| Yes | * | * |
| No | * | * |
| Don't know/Not sure | * | * |

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 59

| | | |
|-----|-------|-----------|
| Yes | 30.8% | (± 14.0%) |
| No | 69.2 | (± 14.0) |

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 59

| | | |
|-----|-------|-----------|
| Yes | 36.3% | (± 14.3%) |
| No | 63.7 | (± 14.3) |

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 19

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current tobacco users:

Would you like to quit using tobacco? n = 65

| | | |
|-----|-------|-----------|
| Yes | 67.6% | (± 13.6%) |
| No | 32.4 | (± 13.6) |

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 42

| | | |
|-----|---|---|
| Yes | * | * |
| No | * | * |

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 39

| | | |
|---------------------|---|---|
| Yes | * | * |
| No | * | * |
| Don't know/Not sure | * | * |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|--|-------|----------|
| Are you currently registered to vote? | | n = 224 |
| Yes | 78.6% | (± 6.4%) |
| No | 21.4 | (± 6.4) |

| | | |
|---|-------|----------|
| Which of the following statements best describes the rules about smoking in your home. . . | | n = 221 |
| No one is allowed to smoke anywhere inside your home | 74.5% | (± 6.7%) |
| Smoking is allowed at some places or at some times | 11.2 | (± 4.5) |
| Smoking is permitted anywhere inside your home | 14.3 | (± 5.6) |

| | | |
|---|-------|----------|
| How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes? | | n = 226 |
| No current smokers in household | 65.7% | (± 7.3%) |
| 1 | 20.3 | (± 6.1) |
| 2 | 11.4 | (± 4.7) |
| 3 or more | 2.7 | (± 2.7) |

| | | |
|---|-------|----------|
| On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home? | | n = 226 |
| None | 79.1% | (± 6.4%) |
| Less than 30 | 6.7 | (± 3.3) |
| 30 days | 14.2 | (± 5.8) |

| | | |
|--|-------|----------|
| If it were just up to you, would you let people smoke inside your home? | | n = 225 |
| Yes | 21.3% | (± 6.2%) |
| No | 78.7 | (± 6.2) |

Among people who are currently employed for wages:

| | | |
|--|-------|----------|
| When you are at work, do you spend most of your time in an. . . | | n = 95 |
| Office | 25.9% | (± 9.2%) |
| Store | 3.5 | (± 3.6) |
| Restaurant or Bar | 4.0 | (± 4.5) |
| Warehouse or factory | 5.3 | (± 5.2) |
| Home/Someone elses home | 10.8 | (± 6.3) |
| Outdoors | 31.4 | (± 12.6) |
| Car or truck | 3.3 | (± 4.0) |
| Classroom | 5.5 | (± 7.2) |
| Hospital | 8.0 | (± 5.9) |
| Somewhere else | 2.2 | (± 2.7) |

Among people who are currently employed for wages:

| | | |
|---|-------|-----------|
| Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas? | | n = 92 |
| Yes | 23.3% | (± 12.1%) |
| No | 76.7 | (± 12.1) |

* Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 93

| | | |
|-----|-------|----------|
| Yes | 10.3% | (± 7.2%) |
| No | 89.7 | (± 7.2) |

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 94

| | | |
|-----|------|----------|
| Yes | 6.7% | (± 5.3%) |
| No | 93.3 | (± 5.3) |

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 95

| | | |
|--------------------|-------|-----------|
| None | 71.5% | (± 12.5%) |
| Less than one hour | 9.0 | (± 7.3) |
| One hour or more | 19.5 | (± 11.9) |

In general, would you say that breathing secondhand smoke is. . . n = 222

| | | |
|----------------------------|-------|----------|
| Not at all annoying to you | 21.0% | (± 6.5%) |
| A little bit annoying | 19.0 | (± 7.0) |
| Somewhat annoying | 15.6 | (± 5.8) |
| Very annoying to you | 44.4 | (± 7.7) |

Would you say that breathing secondhand smoke is. . . n = 209

| | | |
|----------------------|------|----------|
| Not at all harmful | 8.0% | (± 5.1%) |
| A little bit harmful | 9.9 | (± 6.5) |
| Somewhat harmful | 15.3 | (± 5.2) |
| Very harmful | 66.8 | (± 8.1) |

All people should be protected from secondhand smoke. n = 202

| | | |
|-------------------|-------|----------|
| Strongly agree | 59.1% | (± 8.3%) |
| Somewhat agree | 17.7 | (± 6.0) |
| Somewhat disagree | 13.0 | (± 6.9) |
| Strongly disagree | 10.3 | (± 5.3) |

All children should be protected from secondhand smoke. n = 218

| | | |
|-------------------|-------|----------|
| Strongly agree | 86.1% | (± 6.0%) |
| Somewhat agree | 6.6 | (± 3.6) |
| Somewhat disagree | 2.7 | (± 3.2) |
| Strongly disagree | 4.6 | (± 4.1) |

Do you think that smoking should be completely banned in restaurants? n = 224

| | | |
|---------------------|-------|----------|
| Yes | 61.3% | (± 7.9%) |
| No | 35.3 | (± 7.9) |
| Don't know/Not sure | 3.4 | (± 2.5) |

* Estimates based on sample sizes less than 50 were omitted.

| | | | |
|---|-------|----------|---------|
| Do you think that smoking should be completely banned in bars and lounges? | | | n = 224 |
| Yes | 25.8% | (± 6.7%) | |
| No | 63.2 | (± 7.4) | |
| Don't know/Not sure | 10.9 | (± 4.5) | |

| | | | |
|---|-------|----------|---------|
| Do you think that smoking should be completely banned in outdoor public areas where children may be present? | | | n = 222 |
| Yes | 45.0% | (± 7.8%) | |
| No | 47.3 | (± 7.9) | |
| Don't know/Not sure | 7.7 | (± 4.9) | |

| | | | |
|--|-------|----------|---------|
| Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors. | | | n = 218 |
| Strongly agree | 63.8% | (± 7.7%) | |
| Somewhat agree | 11.8 | (± 4.6) | |
| Somewhat disagree | 9.5 | (± 4.2) | |
| Strongly disagree | 14.9 | (± 6.5) | |

| | | | |
|---|-------|----------|---------|
| The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke. | | | n = 214 |
| Strongly agree | 47.3% | (± 7.9%) | |
| Somewhat agree | 23.1 | (± 6.7) | |
| Somewhat disagree | 12.3 | (± 6.1) | |
| Strongly disagree | 17.2 | (± 6.6) | |

| | | | |
|--|-------|----------|---------|
| School officials should make sure that all children receive anti-tobacco education. | | | n = 219 |
| Strongly agree | 81.4% | (± 6.2%) | |
| Somewhat agree | 12.6 | (± 5.4) | |
| Somewhat disagree | 1.9 | (± 2.2) | |
| Strongly disagree | 4.1 | (± 2.9) | |

| | | | |
|---|-------|----------|---------|
| Tobacco use by adults should not be allowed on school grounds or at any school events. | | | n = 219 |
| Strongly agree | 85.7% | (± 4.9%) | |
| Somewhat agree | 7.0 | (± 3.7) | |
| Somewhat disagree | 4.2 | (± 2.5) | |
| Strongly disagree | 3.1 | (± 2.4) | |

| | | | |
|---|-------|----------|---------|
| Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth? | | | n = 211 |
| Yes | 37.7% | (± 8.0%) | |
| No | 62.3 | (± 8.0) | |

* Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 86

| | | |
|-----|-------|----------|
| Yes | 17.7% | (± 8.3%) |
| No | 82.3 | (± 8.3) |

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 86

| | | |
|---------------------|-------|-----------|
| Yes | 25.8% | (± 12.5%) |
| No | 52.4 | (± 13.4) |
| Don't know/Not sure | 21.8 | (± 11.4) |

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 21

| | | |
|----------------|---|---|
| Definitely yes | * | * |
| Probably yes | * | * |
| Probably no | * | * |
| Definitely no | * | * |

There are more negative things than positive things about smoking. n = 219

| | | |
|-------------------|-------|----------|
| Strongly agree | 80.7% | (± 6.9%) |
| Somewhat agree | 11.7 | (± 5.3) |
| Somewhat disagree | 0.7 | (± 1.3) |
| Strongly disagree | 7.0 | (± 5.1) |

Smoking sometimes makes a person more attractive. n = 218

| | | |
|-------------------|------|----------|
| Strongly agree | 0.0% | (± 0.0%) |
| Somewhat agree | 1.6 | (± 1.9) |
| Somewhat disagree | 8.3 | (± 4.2) |
| Strongly disagree | 90.1 | (± 4.5) |

There are so many things that cause cancer, tobacco use is not going to make any difference. n = 207

| | | |
|-------------------|-------|----------|
| Strongly agree | 11.3% | (± 5.6%) |
| Somewhat agree | 6.0 | (± 4.6) |
| Somewhat disagree | 11.3 | (± 4.8) |
| Strongly disagree | 71.4 | (± 7.6) |

Would you ever use or wear something that has a tobacco company logo or picture on it? n = 217

| | | |
|-----|-------|----------|
| Yes | 18.9% | (± 6.3%) |
| No | 81.1 | (± 6.3) |

* Estimates based on sample sizes less than 50 were omitted.

| | | |
|---|---------|----------|
| Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? | n = 221 | |
| Yes | 8.8% | (± 4.1%) |
| No | 91.2 | (± 4.1) |

| | | |
|---|---------|----------|
| During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products? | n = 221 | |
| Yes | 18.9% | (± 6.3%) |
| No | 81.1 | (± 6.3) |

| | | |
|---|---------|----------|
| During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away? | n = 221 | |
| Yes | 4.1% | (± 2.8%) |
| No | 95.9 | (± 2.8) |

| | | |
|--|---------|----------|
| Tobacco companies should have the same rights to advertise their products as other companies. | n = 206 | |
| Strongly agree | 27.4% | (± 7.2%) |
| Somewhat agree | 26.5 | (± 7.0) |
| Somewhat disagree | 17.8 | (± 7.3) |
| Strongly disagree | 28.3 | (± 6.9) |

Among people with children ages 12 to 17:

| | | |
|---|--------|---|
| Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . . | n = 21 | |
| We have talked about the dangers of tobacco use many times | * | * |
| We have had at least one conversation that I can remember | * | * |
| I don't remember a specific conversation, but my child knows how I feel | * | * |
| For now, I have not talked with my child about the dangers of tobacco use | * | * |

Among people with children ages 12 to 17:

| | | |
|--|--------|---|
| Have you told your child specifically that you do not want him or her to use tobacco? | n = 21 | |
| Yes | * | * |
| No | * | * |

* Estimates based on sample sizes less than 50 were omitted.